

Forestdale – PE Medium Term Plan

Year Group	Autumn		Spring		Summer	
Foundation	To follow EYFS plan		To follow EYFS plan		To follow EYFS plan	
1	Fundamentals	Gymnastics	Dance	Invasion games	Athletics	Bat and Ball
2	Fundamentals	Gymnastics	Dance	Invasion games	Athletics	Bat and Ball
3	Fundamentals	Gymnastics	Dance	Invasion games	Athletics Swimming	Bat and Ball – Rounders Swimming
4	Fundamentals	Gymnastics	Dance Swimming	Invasion games Swimming	Athletics	Bat and Ball - Rounders
5	Fundamentals Swimming	Gymnastics Swimming	Dance	Invasion games	Athletics	Bat and Ball - Cricket
6	Fundamentals	Gymnastics	Dance	Invasion games	Athletics	Bat and Ball – Cricket Swimming
Afterschool Clubs (Premier Education)	Multi-skills KS1	Gymnastics KS2	Dance KS1	Archery KS2	Benchball/dodgeball KS1	Badminton KS2