

Forestdale Primary School Sports Premium Planned Spend 2022/2023

Total amount for this academic year 2022/2023 £ 17,780

Targets for academic year 2022/23

- Experience days run for school cohort covering activities and sports that are not currently used within the PE curriculum.
- Catch up and intervention lessons in swimming for Year 6 due to reduced time in lessons affected by Covid-19. Children in this cohort have been swimming for three half terms in Year 5 as part of alternative budget, now to reinforce through Sports Premium. Target to improve percentage of children who can swim required distance by end of Year 6. This should develop further through Years 3-6 all taking part in swimming lessons as a target for progression over time and, as a future result, reduce the necessity for as many swimming lessons in Year 6.
- Alternative active learning activities to the Run a Mile – the further purchasing of equipment and schemes to encourage activity of children, progression and evidence. Buy into a Skip2Bfit scheme where each child has their own skipping rope and all classes take part – whole school approach.
- The continuation of afterschool clubs provided by Premier Education with a broader range of sporting activities covered. The implementation of further sports or physical activities not covered during the lesson coverage. Particular targets are Zumba and Boxercise – all year groups to have experience sessions in this and then map out focus sports based on interest in sessions – children begin taking ownership for what they experience in school.
- To increase participation in activities with other schools in area through competitions or experience days. These could be hosted at Forestdale or through a visit to local schools.

Planned Spend against the Key Indicators

Indicator 1 - The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school

Intended Spend	Estimated Amount
Premier Education PE Programme with PE instructor (weekly lessons for Year groups 1-6)	£8,000
Swimming Booster Lessons for Year 6 – increase in amount of lessons to meet key target area.	£1,600
Skip2Bfit equipment (skipping ropes) as Run a Mile alternative	£350
Purchase of further play panels for playground due to pupil voice responses.	£300

Indicator 2 - The profile of PESSPA being raised across the school as a tool for whole school improvement

Intended Spend	Estimated Amount
PE instructor to run guided lunch time activity sessions – encourage range of activities and children to develop behaviour management techniques and teamwork. Staff to observe when possible to develop further ideas for own lunchtime sessions. Run every other week.	£300
WOW Active Fitness and Assessment programme – application of assessments and access to tracking system online.	£3,500
Afterschool Club sessions as part of Premier Education Programme	Included in £8,000 cost
Purchase of equipment to improve quality of PE lessons and to cater for SEND children to ensure inclusivity across all topic areas in PE.	£800-£1000

Indicator 3 - Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intended Spend	Estimated Amount
Inset CPD sessions for staff focusing on Gymnastics and Dance and targeted area based on staff feedback in addition to CPD sessions within lessons.	£300
CPD Sessions during PE lessons	Included in £8,000 cost

Indicator 4 - Broader experience of a range of sports and activities offered to all pupils

Intended Spend	Estimated Amount
Follow up Commonwealth Games Workshops	£450
World Cup Workshop	£300
Wellbeing Afterschool Clubs	£3,000
Martial Arts Workshop	£450

Indicator 5 - Increased participation in competitive sport

Intended Spend	Estimated Amount
Inter School Competitions organised through specialist provision.	£300
Host competition with other schools.	£100